

A low dose estrogen pill for you!

**Tyblume**® 

(levonorgestrel and ethinyl estradiol)  
tablets, 0.1 mg/0.02 mg



*Tyblume is the **young patient-friendly** pill*



**MANAGEABLE PERIODS** to fit your lifestyle.

With Tyblume, you may experience shorter and lighter bleeding than a regular menstrual period, or absence of periods altogether.<sup>1</sup>



And it's **EASY** for you to take.

Tyblume can be **CHEWED** or swallowed whole.

Take on an empty stomach with 8 oz. of water.<sup>1</sup>



Eligible patients may pay as little as

**\$0 for every prescription fill!**<sup>a</sup>

See inside for more information.

Tyblume is a birth control pill (oral contraceptive) used by women to prevent pregnancy. **Tyblume does not protect against HIV infections (AIDS) and other sexually transmitted infections.**

**WARNING TO WOMEN WHO SMOKE**

**Do not use Tyblume if you smoke cigarettes and are over 35 years old.**

Smoking increases your risk of serious cardiovascular side effects (heart and blood vessel problems) from birth control, including death from heart attack, blood clots or stroke. This risk increases with age and the number of cigarettes you smoke.

<sup>a</sup> Maximum savings limits apply; patient out-of-pocket expense will vary depending on insurance coverage. Offer not valid for patients enrolled in Medicare, Medicaid, or other federal or state healthcare programs. Additional Program Terms, Conditions, and Eligibility Criteria apply. Visit Tyblume.com for details.

Please see Important Safety Information throughout and accompanying Prescribing Information

Rx only

# Is Tyblume® right for you?

A low dose estrogen pill for pregnancy prevention:

You may experience *shorter, lighter periods...*

If you're looking for an effective birth control option with a manageable bleeding profile, consider Tyblume. Tyblume has 21 active pills and 7 inactive pills; you can expect your bleeding to occur within the 7-day inactive pill window.<sup>1</sup>

Breakthrough bleeding occurred 4% of the time for patients during a clinical trial of a pill with the same active ingredients as Tyblume.<sup>2,a</sup>

That said, talk to your healthcare provider if you experience unscheduled bleeding or spotting that is heavy or lasts for more than 3-4 months.<sup>1</sup>

*...and it's easy for you to take!*



Tyblume is a simple, very good option for starters that can be **chewed** or swallowed whole—it's entirely up to you! Remember to take Tyblume on an empty stomach with 8 oz. of water.<sup>1</sup>

<sup>a</sup>In a clinical study, 25,554 menstrual cycles of 1708 females of childbearing potential were analyzed.

**References:** 1. Tyblume® package insert; 2020 2. Archer DF, et al. *Am J Obstet Gynecol.* 1999; 181(suppl):S39-S44.

## SELECTED IMPORTANT RISK INFORMATION

**Do not take TYBLUME if you:**

- have certain heart valve problems or an irregular heartbeat that increases your risk of having blood clots.
- had a stroke.
- had a heart attack.
- have high blood pressure that cannot be controlled by medicine or have high blood pressure with blood vessel problems.
- have diabetes and are over 35 years of age;
- have diabetes with high blood pressure, blood vessel problems, or kidney, eye, nerve, or blood vessel damage; or have had diabetes for more than 20 years.

Eligible patients *may pay as little as*

\$0

FOR EVERY  
PRESCRIPTION FILL<sup>b</sup>

ELIGIBLE PATIENTS MAY  
ALSO ACCESS SAVINGS  
ONLINE OR VIA TEXT<sup>c</sup>



Visit  
TYBLUME.COM




Text  
TYBLUME to 31700

<sup>b</sup> Maximum savings limits apply; patient out-of-pocket expense will vary depending on insurance coverage. Offer not valid for patients enrolled in Medicare, Medicaid, or other federal or state healthcare programs. Additional Program Terms, Conditions, and Eligibility Criteria apply. Visit Tyblume.com for details.

<sup>c</sup> Text Tyblume to 31700 to receive your Exeltis Women's Health Savings Card. Message and data rates may apply. Message frequency varies. Text STOP to opt out. Text HELP for help. For Privacy Policy: <https://exeltisusa.com/privacy-policy/>. For SMS Terms: <https://exeltis.online/SMSText>.

Without using our special savings program, most patients will pay \$10 - \$30 for a 1-month Rx fill (approximately \$10 with insurance and under \$30 without insurance).



**Tyblume®**   
(levonorgestrel and ethinyl estradiol)  
tablets, 0.1 mg/0.02 mg

# So...what's in Tyblume®?

Tyblume is a combined oral contraceptive consisting of two important hormones: **levonorgestrel (a progestin)** and **ethinyl estradiol (an estrogen)**. Combined, these two hormones provide safe and effective pregnancy prevention.<sup>1</sup>

## What do women experience when they take Tyblume?

*Tyblume is effective with a well-known safety profile.*

99% of women who took Tyblume in clinical studies avoided pregnancy, including women who missed a pill from time to time—**although you should be careful not to let this happen!** If you miss a white pill, take it as soon as you remember, and then continue taking your pill at the same time you normally do everyday.<sup>1</sup>

Reference: 1. Tyblume® package insert; 2020.

# How do you take it?

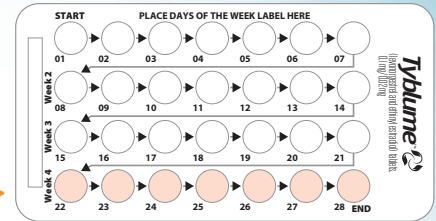
Tyblume can be **chewed** or swallowed whole! Take on an empty stomach with 8 oz. of water.<sup>1</sup>

### Active Pills

21 Active Hormone Tablets (0.1 mg of levonorgestrel and 0.02 mg of ethinyl estradiol)

### Placebo Pills

7 Inactive Placebo Tablets



## SELECTED IMPORTANT RISK INFORMATION

### What else should I know about taking Tyblume?

Treatment with Tyblume should be stopped if you have a blood clot, and at least 4 weeks before and through 2 weeks after major surgery. You should not take Tyblume any earlier than 4 weeks after having a baby, or if you are breastfeeding. If you experience yellowing of the skin or eyes due to problems with your liver, you should stop taking Tyblume. See your healthcare provider to check your blood pressure regularly. If you are pre-diabetic or diabetic, your doctor should monitor your sugar and cholesterol levels while using Tyblume. Your doctor should evaluate you if you have any significant change in headaches or irregular menstrual bleeding.

### What are most serious risks of taking Tyblume?

Tyblume increases the risk of serious conditions including blood clots, stroke, and heart attack. These can be life-threatening or lead to permanent disability.

### What are the most common side effects of Tyblume?

Please see back cover for references.

The most common side effects of Tyblume are nausea, headache, abdominal pain, spotting or bleeding between menstrual periods, acne, vaginal yeast infection and infection or swelling of the vagina that can cause discharge, itching, and pain.

Birth control pills do not protect you against any sexually transmitted disease, including HIV, the virus that causes AIDS.

**Discontinue Tyblume if pregnancy occurs.**

**Tyblume**  
(levonorgestrel and ethinyl estradiol)  
tablets, 0.1 mg/0.02 mg



# What are common side effects of Tyblume®?

## Common side effects of Tyblume include:

Nausea, headache, abdominal pain, spotting or bleeding between menstrual periods, acne, vaginal yeast infection and infection or swelling of the vagina that can cause discharge, itching, and pain.<sup>1</sup>

These are not all of the possible side effects of Tyblume. For more information, please see the patient prescribing information located in pocket.

# Are there any serious risks of taking birth control pills?


Tyblume contains both estrogen and progestin may increase the risk of serious blood clots, especially in women who have other risk factors, such as smoking, obesity, or are over 35 years old.<sup>2</sup>

## SELECTED IMPORTANT RISK INFORMATION

These are not all the possible side effects and risks of Tyblume. For more information, ask your healthcare provider or pharmacist. You may report side effects to the FDA by visiting [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or calling 1-800-FDA-1088. You may also report side effects to Exeltis by calling 1-877-324-9349.

**Please see accompanying prescribing information.**



**Tyblume**®   
(levonorgestrel and ethinyl estradiol)  
tablets, 0.1 mg/0.02 mg

*The Young Patient-Friendly Pill*

**References:** 1. Tyblume® package insert; 2020. 2. Practice Committee of the American Society for Reproductive Medicine. *Fertil Steril.* 2017;107:43-51.



Tyblume is a registered trademark of Exeltis Healthcare, S.L.  
© 2023. Exeltis USA, Inc. All rights reserved. EXT-23-128 R03