

Starting the Conversation

Here are some ideas on how you can have a productive conversation on birth control with your healthcare provider.

1 Start by asking your doctor how you can determine what birth control method is right for you.

2 Find out the difference between pills that contain estrogen versus those that do not.

3 If you are a breastfeeding mom, woman with high BMI, teenager or smoker, ask if a progestin-only pill containing drospirenone is the right fit for you. But if you are a woman who may benefit from a low dose of estrogen in her oral contraceptive, then ask if Tyblume™ is right for you.

4 Learn about what your periods will be like when taking Tyblume™.

5 Ask about what happens if you miss taking your pill at the scheduled time.

6 Know how to take Tyblume™ if you are switching from another pill.

7 Discuss how soon after taking Tyblume™ you will begin to be protected from becoming pregnant.

8 Ask about the Tyblume® Savings Program

Tyblume® 
(levonorgestrel and ethinyl estradiol)
tablets, 0.1 mg/0.02 mg